

# Hoofbeats

September 2023

P.O. Box 1326, Twain Harte, CA 95383



## The Prez Sez



September already!  
August went by quickly and we were blessed with awesome weather. There has been enough rain to keep the dust off the trails and flowers blooming, and not too hot day after day.

I am grateful to be riding again after two months sidelined.

We have a couple of events coming up. Our final drill Team Fun Day for the year will be held at Center Camp September 30. Join us for a day of no-pressure drilling with Nancy B.

A day ride will be hosted by Diana Moreci at Peoria on October 28. Also Center Camp will be closing October 21st.

Happy Trails!

Linda Post  
THH President

Visit our Twain Harte  
Horsemen website at:  
[twainhartehorsemen.org](http://twainhartehorsemen.org)

**Next Monthly Meeting**  
Tuesday, October 3 @ 6:30 pm.

**Location change:**  
Mounted Posse Grounds  
19130 Rawhide Road, Jamestown

### Officers

**President:**

Linda Post  
209.206.8375

**Vice President:**

Lance LaMons  
209.770.1407

**Secretary:**

Kris Jordan  
209.768.9419

**Treasurer:**

Helga Zuber  
209.581.1798

**Past President:**

Janine Smith  
209.591.3054

### Directors

**Nancy Sheldon**

209.206.0296

**Myron McCoy**

209.206.4043

**Chris Mason**

209.768.4090

### Committee Chairs

**Hoofbeats Newsletter:**

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Nancy Sheldon  
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209.206.0296

**Scholarship:**

Patty McEwen

**THH Website:**

Diana Moreci  
209-533-8511  
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## Past Events

### Herring Creek

Twelve riders saddled up for the ride to Herring Creek reservoir August 20. The ride, led by Vicki, was open to the public and was greatly enjoyed by all the riders. An amazing amount of wildflowers were still in bloom and the weather was pleasantly cool. Couldn't ask for a better day out.



### Jack Brook

Diana Moreci sponsored a campout at Jack Brook August 14-18. Though only three people participated, there were plenty of beautiful trails open to riding and it was a pleasant, quiet camping experience under the redwoods. The riders also enjoyed the many camp amenities, including pipe corrals and hot showers.



### Drill Team Fun Day

On September 26th, six riders and their horses enjoyed a morning of riding drill patterns. The patterns consisted of straight lines, diagonals, circles and serpentine. The riders rode together in a line, split apart and had a partner to mirror, then came back together again. In the beginning the patterns were ridden at a walk, then at a trot.

## Past Events continued

### Celebration of Life

A Celebration of Life for Sandra Lee Watts was held on September 9th at the Watts cabin in Long Valley. We had a great turnout despite having a thunderstorm in the late afternoon. Everyone brought a dish to accompany the tri-tip that was prepared by David Rumsey. It was a good time for old friends to come together in honor of Sandee. The Watts family is very thankful for all who attended and made the trek up the hill for the special day of remembrance. Also many thanks to everyone who helped set up and serve. We are grateful and feel blessed to have so many great friends who came to say their goodbyes to a wonderful woman who touched all our lives. She will be missed.



The Watts Family  
*Submitted by Kris Watts-Jordan*



### Drill Team Fun Day

The next and last Drill Team Play Day is Saturday, **September 30**, Center Camp, 9:00 ready to ride. Auditors welcome. Come try it - no experience necessary. You and your horse will benefit from the socialization and instruction.

Call or text Nancy to sign up:  
831-818-5558.

## Upcoming events

### Peoria Fall Ride

Diana Moreci will lead a 3-4 hour ride at Peoria on Saturday, October 28. Lots of single track trails, great views and maybe some fall color.



### Beef raffle

A reminder that tickets are still available for the beef raffle.

Helga is donating 20 lbs of beef to the winner of the raffle.

Contact Kris Jordan at 209.768.9419 if you want to purchase raffle tickets.

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# Vet Corner

## 7 Veterinary Skills Every Horse Owner Needs

*Published in Equus, 2015. Edited to fit. Part 3 of 3.*

**Here are a few fundamental skills an owner can acquire to aid a horse's recovery.**

### 5. Administering oral medications

It's an unusual equine recovery that doesn't require some form of oral medication, given daily or even several times a day. Reliable administration of antibiotics or nonsteroidal anti-inflammatories is crucial to swift and complete recovery. The good news is that if you've ever tried to medicate a reluctant toddler or an angry cat, getting pills into a 1,200-pound horse will be surprisingly simple in comparison. All you need is the right tools and technique. Start by crushing the medications. An old-fashioned mortar and pestle works well, as does a plastic "pill crusher" bought specifically for the purpose. Mix the ground medication with a small amount of a delivery substance, preferably applesauce or yogurt. Water is convenient but doesn't always work well for this job because it's easy for the horse to spit out and doesn't always "carry" the crushed medications well. Whatever you use, make sure your final concoction fills no more than a shot glass or tiny paper cup. Suck all the contents into a catheter-tip syringe. You can also reuse the syringe from a paste dewormer if you've cleaned it thoroughly.

With the loaded syringe in your hand, stand facing your horse holding the noseband of his halter, near a side ring, in your other hand. Then, carefully slide the thumb of your "holding" hand into the side of his mouth at the bars. As he opens his mouth, quickly slip the tip of the syringe into his mouth and squirt its contents back up and over his tongue. (A rookie mistake is to angle the syringe so it squirts out the other side of the mouth.)

### 6. Applying medication to eyes

Your horse's eyes are pretty needy when it comes to medication. Most ointments or drops need to be applied three, four or even five times a day to be effective.

A couple of methods can be used to apply ointment to a horse's eye. Here's a simple one: Stand next to the horse facing the eye that needs to be medicated. Hold the ointment tube in one hand and slip the other underneath the halter. Place the index finger of that same hand in the crease of the horse's upper lid, so the fold of skin rests on your fingernail. Place your thumb below his lower lashes. Press inward very slightly and pull the eyelids apart, which will create a "trough" on the lower lid where you can squeeze the prescribed amount of ointment. Alternatively, place the ointment on your clean fingertip and swipe it into the trough formed by the lower lid.

### 7. Changing bandages

If your horse has sustained an open wound, you may find yourself in charge of bandage changes for the coming days or even weeks. This is a crucial task not only to keep the wound clean, but to assess healing and to spot signs that further veterinary intervention may be required.

Your veterinarian will let you know if you need any special supplies or techniques for your horse's specific situation, but usually regular "quilts" and cotton wraps are fine for wound bandages. Fleecy polo wraps tend to stretch too much to securely hold wound dressings, so they aren't the best tool for the job. Self-adhesive veterinary wrap is convenient but many brands shrink when wet. That's no problem for a stall-kept horse but could be for one turned out with a bandage on.

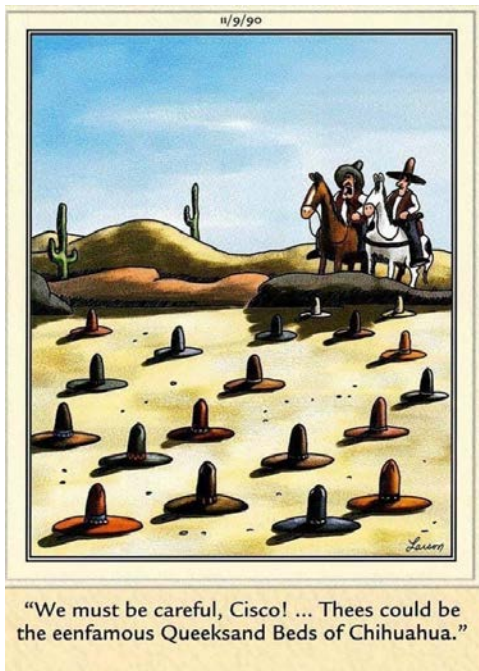
The wound itself is likely to have a nonstick gauze pad over it, held in place with rolled gauze. Remove both at each bandage change and take a close look at the wound. An unusual drainage, unpleasant smell or anything else suspicious warrants a call to your veterinarian. If you're unsure of what you're seeing, take a picture and e-mail or text it to your veterinarian. Your vigilance may catch an infection or proud flesh formation at a stage when it's still easy to address. Wound assessment is really the critical part of the process.

Clean and medicate the wound according to the instructions left by your veterinarian, then cover it again with a fresh nonstick pad and rolled gauze. Over that, apply the quilt, making sure it's smooth with no wrinkles or bunches against the skin. Beginning in the center of the quilt, wrap the cotton bandage around the leg. You'll hear a lot of proclamations about the "correct" direction to wrap, but in all honesty, when you are applying a well-padded wrap over a wound, it doesn't make much difference. You won't be pulling anything tightly enough to damage a tendon, and if you are, the direction you've wrapped isn't the problem. Wrap down the leg and back up to cover the quilt, with enough pressure to hold the bandage in place but not squeeze or bind the leg. Consider how you'd like your helmet to fit—snugly, but not tight. Secure the wrap with a bandage tape or small piece of duct tape.

Equine veterinarians are lucky in that our clients are usually eager to become actively involved in their horse's care. When directed toward the right veterinary follow-up tasks, that desire can make a huge difference in the speed and completeness of a horse's recovery.

## Twain Harte Horsemen 2023 Events\*

| Date         | Event                    | Event Chair    | Participation |
|--------------|--------------------------|----------------|---------------|
| September 30 | Drill Team @ Center Camp | Nancy Broce    | Members Only  |
| October 21   | Center Camp Closing      | Lance LaMons   | Members Only  |
| October 28   | Peoria Ride              | Diana Moreci   | Members Only  |
| November 11  | Fahey Cabin Ride         | Colleen Combes | Members Only  |
| December 10  | BCHC Columbia Parade     | TBD            | Public        |
| December 15  | Christmas Dinner         | TBD            | Members Only  |



**BEEF FOR SALE**  
 Hamburger and other cuts by the package.  
 Hamburger, 1 lb packages – \$7 each.  
 Other cuts range from \$6 to \$18 (approx. 1 lb each)

Contact Helga  
 209.581.1798  
 helga2853@gmail.com

**Cow Skulls  
 available.**

**FREE**

**Contact Helga @  
 209.581.1798**