

Hoofbeats

August 2023

P.O. Box 1326, Twain Harte, CA 95383



The Prez Sez



We've passed the middle of August, and summer is making its last stand—with lightning and thundershowers, kids ready to go back to school, Tuolumne Rd North opening, days getting shorter, and the High Ride behind us. Time to relax and enjoy!

We've had some events in the last month: The Eagle Meadows High Ride, a campout at Jack Brook and Ranch Trail event at

the Sandee Watts Memorial Arena at Center Camp. More on these events in this newsletter.

And how do I write this? Sandee Watts will be missed by so many. She touched so many lives and was so passionate about our club and its members. Keep riding in the mountains that we all love and keep her spirit going.

I hope everyone will be able to attend the Celebration of Sandee on Saturday, September 9, at the Eagle Meadows cabin. It starts at noon, and the family asks that you bring a side dish and any drinks you want besides beer and wine. I am certain it will be an afternoon not forgotten.

Hopefully I will be able to throw my saddle up soon, until then I rely on the kindness of friends for a saddle toss.

See you on the trail,

Linda Post
THH President

Visit our Twain Harte
Horsemen website at:
twainhartehorsemen.org

Next Monthly Meeting
September 5 @ 6:30 pm.

Location: Center Camp

Officers

President:

Linda Post
209.206.8375

Vice President:

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209.770.1407

Secretary:

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209.768.9419

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Past President:

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Diana Moreci
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diana@SFRCsonora.com

The 2023 THH Eagle Meadow High Ride



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From all the praise and gratitude received from our guests we can be proud of our 2023 High Ride. It was a real success, despite everything that THH members were dealing with in the background. Though limited by a late winter, the trails we could ride were beautiful. Flowers bloomed everywhere and creeks were full of running water. Weather was perfect with highs in the 70's & lows in the mid-40's. A special thank you to members who volunteered to be ride guides, to our caterer, Doug, and the members and guests, including Heike and Reiner, for setting up and tearing down.



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Hats off and many thanks to our amazing members who made it happen!

Chris Walpole & Mike Schaefer	Kris Jordan	Janine & Roy Smith
Kurt Billingsley	Joy & Lance LaMons	Diane & Ron Stearns
David & Nancy Broce	Terry Lewellen	Vicki Vermeer
Colleen Combes	Myron McCoy & Jan Zukal	John & Sandee Watts
	Karen Rosasco	Linda Post

(1-2) Reiner wins our trail trial event.
 (3) Lance with group on haul road.
 (4) Broke Down Cowgirls have their chinks branded with THH brand.
 (5) Trail trial judge Maribeth and THH President Linda P.

(6) Guests show off their art from Diane's class.
 (7) Joy (r) & guests pose at Inspiration Point.
 (8) Pat M. at Eagle Creek.
 (9) Broke Down Cowgirls having fun with Myron.



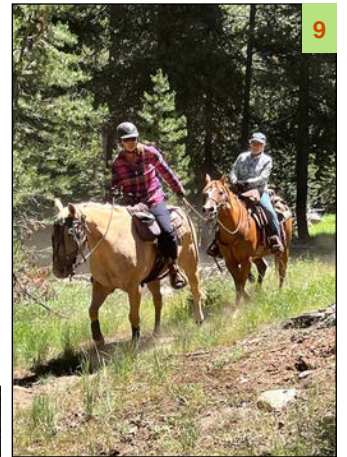
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(1) Ron and Diane show Diane's auction donation.
(3) Our auctioneer, Mike, at work
(4-5) Long Valley ride.
(6) Myron and group at haul road.
(7) Kris is all dressed up
(8) Howdy and Lance win horseshoe tournament.
(9) Janine is ponied in trail trials.
(10) Vicki dazzles on the trail.

Ranch Agility Event and Tack Sale at Center Camp

August 12, 2023

By Chris Mason

We had a good turnout for our first annual Ranch trail event. Twenty-two riders, and eight of them were in the youth division. So good to see the youngin's at Center Camp.

We had eight obstacles that ranged from water crossing, roping a steer dummy, bridge, and log step overs. I believe this course was tougher than the course at our first event. It challenged all who entered, but made it fun.

Thank you Amanda and Don Betzler for all your hard work building and designing the course. Don's water crossing sure added a whole new element.

We had six tack vendors, one of them set up by THH members. Part of the proceeds from that table were donated back to the club. Way to go members!

Now, let's talk food!
Brian with B'bites catering came and provided us with awesome burgers, fries and pulled pork sandwiches. This gave us an opportunity to sit down and share a meal and conversation. Something that is beneficial in building relationships within our community.

We followed lunch with a dedication to our dearly missed Sandee Watts. Center Camp arena will now be known as the Sandee Watts Memorial arena. Amos Screen-printing graciously donated a beautiful 3x8 foot banner for the dedication.

Thank you Linda Post for delivering a heart warming dedication and Kim Prout for the use of his sound system

Sandee will be greatly missed and was so instrumental in organizing all of THH events. This is definitely so deserving of all her hard work and passion.

I want to thank each and every member for all your hard work and support of this new adventure. I think the Ranch Trail will increase in attendance next time.

Feed back was great and word of mouth is our best advertising.





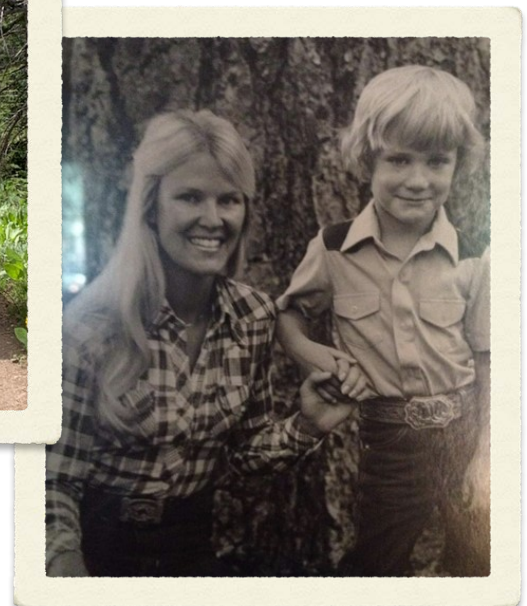
We are sad to announce that Sandee Lee Watts passed away at 10:30 am on July 29, 2023.

A celebration of life for Sandee will be held at the Watts cabin at Eagle Meadows, Saturday, September 9th at 12 pm.

All are invited to join John and his family in her favorite place to honor her legacy!

The family will provide meat but please bring a dish to share and any drinks you might want beyond beer or wine.

The family would also love any favorite pictures or stories you may have of Sandee.



Upcoming Events

Herring Creek Ride

Saturday, August 20

One-day ride in the mountains led by Vicki Vermeer

The ride is open to all—members & guests!!!

This is an easy 8-mile ride from Leland Meadows to Herring Creek Reservoir. We will ride by the awesome Gargoyles with its stunning views and have lunch at Herring Reservoir. Bring your lunch and a halter or hobbles.

We'll ride out at 10:30 am, return at 2:30 pm. If the group is big, we'll split up.

Bring \$20 to pay for cost of parking (which includes ample parking and a restroom (please haul out all manure)).

Bring additional cash for a 50/50 raffle!

Directions: Hwy 108 past Strawberry. Turn right on Leland Meadows Rd (about 2 miles above Strawberry), follow it to Leland Meadow Snow Park gravel parking lot to the right in back.

For more information, call or text Linda Post 209-206-8375. Email post.linda@ymail.com.



Drill Team Playday

Saturday, August 26

Center Camp Arena

starts @ 9:00 am

Bring a bag lunch & chair

FUN NEW DRILL!

Must call or text Nancy Broce to reserve your space. 831-818-5558

White Pines Ride

Saturday, September 16

Arnold, CA

Start time: 10 am

White pines lake in Arnold, has beautiful mountain road trails. Mostly fire road lined by the river.

To finish the ride we will go around white pines lake climbing down the back side of the dam and crossing the overflow where horses can drink. Then back to the trailers.

Roughly 3 hours 8-10 miles.

Take HY 4 to Arnold, left at big burger towards white pines. At end of road turn right, over bridge and navigate to dirt road back of parking lot and follow to baseball field parking lot.

Contact Diana Moreci to RSVP or if you have questions. 209-533-8511



Vet Corner

7 Veterinary Skills Every Horse Owner Needs

Published in Equus, 2015. Edited to fit. Part 2 of 3.

If you've owned horses for any length of time, you've probably done most, if not all, of these procedures. And chances are you're pretty good at them. Most are fairly straightforward, but it's still a good idea to refresh your skills from time to time.

The most important skills fall into one of two categories: Gathering vital information about a horse's condition prior to the veterinarian's arrival, and aiding in the continuation of treatment after the veterinarian leaves. Here's a quick look at seven techniques you'll want to know how to do, along with my suggestions for how you can do them most effectively and efficiently.

Vital Information

3. Determining respiratory rate

Another helpful vital sign is respiratory rate. Usually, you can see the rib cage expand with each inhalation by standing at a horse's head and looking down the length of his flank—focus on the area just behind where your leg rests when riding English or where a rear cinch lies in Western tack.

Watch your horse breathe. Count the breaths. Seems easy, right? Not necessarily. The tricky part is making sure your horse is standing quietly. Horses use their sense of smell to understand what is going on around them, and as they sniff, their breathing patterns are disrupted. The same is true if a horse is snuffling for treats. Likewise, if you are trying to monitor the respiratory rate of a horse and another down the aisle whinnies loudly, you'll probably have to start all over.

Respiratory rates are similar in horses, no matter what their size. The normal range is from eight to 20 breaths per minute. Obviously, a horse who has just worked will be breathing harder, but that rate should return to normal within 20 minutes of stopping. A horse at rest who is breathing heavily may be "blowing off" a fever as part of his temperature regulatory system, or he may have recurrent airway obstruction ("heaves"). In either case, that's important information to share with your veterinarian.

If you're concerned about a high reading in that situation, hose the horse off with cool water, scrape him well and stand him in the shade for 20 minutes. His body temperature should drop considerably. If it doesn't, that's one more important detail to relay to your veterinarian.

4. Checking mucous membranes

The color of your horse's gums, along with how long they take to refill when "blanched," can reveal a number of conditions, from dehydration to shock to certain toxic conditions. This makes it a terrific tool for horse owners to use when gathering information to relay to veterinarians. The trick is you can't wait until there's a problem to investigate; to accurately interpret what you are seeing, you really need to know what "normal" is for your horse.

A horse's gums range in color from a salmony pink to a very pale, peachy pink. When circulation is compromised, the color washes out dramatically. A very sick horse will have nearly white gums or visible blood vessels on a grayish background. Brick-red gums can be a sign of dehydration, endotoxemia or plant poisoning. Checking gum color is easy; just pull up your horse's upper lip and take a good look.

While you're focused on the area, you can also do a "capillary refill" check. This involves pressing your thumb against the horse's gums just above a tooth until the area goes white under the pressure (one or two seconds is enough). Then remove your thumb and count how many seconds it takes for color to return. In a healthy horse, that will happen very rapidly—almost too fast for you to count seconds. If it seems slow, that's important information to relay to your veterinarian.

Continued treatments

After a veterinarian has made a diagnosis, initiated treatment and headed down the farm driveway, you can step up to become an integral part of your horse's recovery. Horse owners can contribute to or even entirely take over many aspects of treatment and supportive care.

We will continue this article in our September newsletter with few fundamental skills an owner can easily acquire to aid a horse's recovery.

Part 3 continued in the September Newsletter

Twain Harte Horsemen 2023 Events*

Date	Event	Event	Participation
August 20	Herring Creek Ride	Vicki Vermeer	Public
August 26	Drill Team @ Center Camp	Nancy Broce	Members Only
September 16	White Pines Ride	Diana Moreci	Members Only
September 30	Drill Team @ Center Camp	Nancy Broce	Members Only
October 14	Kerrick Corral Ride	Linda Post	Members Only
October 21	Center Camp Closing	Lance LaMons	Members Only
October 28	Peoria Ride	Diana Moreci	Members Only
November 11	Fahey Cabin Ride	Colleen Combes	Members Only
December 10	BCHC Columbia Parade	Sandee Watts	Public
December 15	Christmas Dinner	Sandee Watts	Members Only

* Subject to change



Sunshine

Myron has a new trail horse. His name is OK. Myron and Jan found him through Teresa Job where OK was in training with her for reining. He is a 7-year-old, dark blue roan. Myron and Jan say that this is Myron's "last" horse and Jan's dream horse. They are very excited and insist that there is no buyer's remorse!



BEEF FOR SALE

Hamburger and other cuts by the package.

Hamburger, 1 lb packages – \$7 each.

Other cuts range from \$6 to \$18 (approx. 1 lb each)

Contact Helga

209.581.1798

helga2853@gmail.com



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available.**

FREE

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209.581.1798**

