Hoofbeats

July 2023

P.O. Box 1326, Twain Harte, CA 95383



The Prez Sez



I'd like to start off this month's Prez

Sez with spreading sunshine to Sandee Watts. She is a strong, determined woman, and an inspiration to all. Please keep her in your thoughts and prayers.



The High Ride is almost here! It's a first class event that guests and members truly enjoy. Eagle Meadows Horse Camp is looking great, and the late start to summer will be awash with spectacular flowers. There's a lot of work that goes into setting this up and I am thankful for the people who've had this running like clockwork for many years.

Please note: While the gate at Hwy. 108 is open, the gate on 5N01 just above the camp is still officially closed. We will open and regulate it during arrival day —Sunday. If you are arriving later in the week or arriving late on Sunday, July 23, you will need to find someone in the horse camp to open it for you. There will be no one to let you in before Sunday without prior arrangements.

Lastly, there's an event coming up that you won't want to miss! The second Ranch Versatility Challenge is on August 12th at the shady, cool, Center Camp arena. The morning will be devoted to practice and the afternoon will be a competition. There will be a small entry fee for the morning practice session and an entry fee for the afternoon competition. All ages and levels welcome! This event will be open to the public and we will combine it with a tack sale. More details to follow!

Happy trails!

Linda Post THH President

> Visit our Twain Harte Horsemen website at: twainhartehorsemen.org

Next Monthly Meeting

The August meeting will be held at the high ride.

Location: Eagle Meadow Horse Camp

Officers

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Vice President:

Lance LaMons 209.770.1407

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Eagle Meadow Camp Cleaned and Many Trails Cleared

A hearty crew headed up the mountain July 1-4 to tidy Eagle Meadow horse camp and clear some trails. Despite large drifts of snow remaining on the ground, bogs, and high, swift-flowing rivers, a lot of work was completed.

We have the following people to thank for their help during this work session: Myron & Jan, John W., Janine & Roy, Steve Tucker, Karen R., David B., Dennise D., Lance & Joy, Linda P., Colleen, and Jeanna Santalucia and Jennifer Armitage who cleaned and painted the pit toilets. The Dog Camp section of Eagle Meadow Camp was been cleared of tree debris.

Some trails were scouted. Three trails, including Haul Road to Inspiration Point and the trail from camp to Marshmallow rocks to then to the Boy Scout camp were cleared of fallen trees. Wykle trail from Haul Road as far as the willows along Eagle Creek is passable. With the current heat waves, a lot of snow will continue to melt, but trails to high points are iffy.

Eagle Peak trail is questionable. As of July 4, less than a half hour out, snow drifts, plus some fallen trees made sections difficult or impassible. Flood damage obscures some of the trail. The barb wire fence is still on the ground, very close to the trail, and likely to stay there, so be careful. We are not certain whether Cowboy Heaven will be accessible at this time.



Sunday work crew ready to clear trail to Inspiration Point. L to R: Joy L., Colleen C., John W. (in back), Lance L., Dennise D., Dave B. and Steve T.

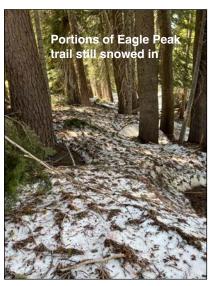














Lance clears a small tree on trail to Boy Scout Camp



Part of the Saturday crew clearing Dog Camp: L to R — Dennise, Roy, Linda





Part of the Saturday crew clearing Dog Camp: L to R – Myron, Lance, Joy and Murphy, Linda Post's dog

High Ride Welcome letter, high ride schedule, and directions on pages following the Events Calendar.





Eagle Meadow Camp views – more beautiful than ever with snow on the mountains and a full moon



BEEF FOR SALE

Hamburger and other cuts by the package.
Hamburger, 1 lb packages — \$6 each.
Other cuts range from \$6 to \$18 (approx. 1 lb each)
Contact Helga

209.581.1798 helga2853@gmail.com

Past Events: Ranch Agility Day



By Chris Mason

Everyone had fun June 17 at Ranch Agility Day at Center Camp. We had nine participants and about five spectators. The participants were Jodi and Kaitlyn Rumsey, Janine Smith, Myron, McCoy, Dennise Davis, Judith Cavanaugh, John, Watts, Amanda, Betzler, and myself.

Obstacles included a dummy, roping, log drag, bridge, crossing, Back through and cross over logs. Trot over and lope over logs, lead changes. A hay net pull and release, which we set up outside of the arena along with the use of the gate, coming and going from arena. and a brush pile that horses had to walk through.

I really want to thank Amanda, Lance and John and Myron, for helping me set up the course. Could not have done it without John's tractor and his handy brush work. Not to mention he built the bridge for all of us to use. We took a break and had a nice lunch and social hour halfway through. The weather was perfect and using center camp was a blessing.

Another Ranch Agility day, with practice in the morning and competition in the afternoon will be held August 12 at Center Camp. It is open to the public. A small entry fee will be charged. The event will include a tack sale (bring your tack to sell—\$20 fee). And we are hoping to arrange a hotdog/hamburger lunch, with lunch proceeds going to local 4-H.







Turkey Hill Camp Camanche Lake

By Diana Moreci
June 17-189
The weather was mild, we had a fast paced evening ride Friday night. A leisurely ride Saturday with a nice lunch break then packed up and drove to Pardee to ride there on Sunday. All-in all, we completed maybe 25 miles this year. The evenings were shared by all that attended, good company great stories! Thank you all for coming!





Upcoming Event — Drill Team Playdays

Saturdays: August 26 & September 30 Center Camp Arena - 9:00 ready to ride Sign up required. Early sign ups encouraged. Must call or text Nancy to reserve your space. 831-818-5558

Twain Harte Horsemen 2023 Events*

Date	Event	Event	Participation
July 16 to July 22	High Ride Set Up	Club	Members Only
July 23-28	High Ride	Club	Public
July 29-30	High Ride Tear Down	Club	Members Only
August 1	High Ride Unload @ Center Camp	Lance LaMons	Members Only
August 12	Ranch Agility @ Center Camp	Chris Mason	Public
August 14-18	Jack Brook Campout	Diana Moreci	Public
August 20	Herring Creek Ride	Vicki Vermeer	Public
August 26	Drill Team @ Center Camp	Nancy Broce	Members Only
September 16	White Pines Ride	Diana Moreci	Members Only
September 30	Drill Team @ Center Camp	Nancy Broce	Members Only
October 14	Kerrick Corral Ride	Linda Post	Members Only
October 21	Center Camp Closing	Lance LaMons	Members Only
October 28	Peoria Ride	Diana Moreci	Members Only
November 11	Fahey Cabin Ride	Colleen Combes	Members Only
December 10	BCHC Columbia Parade	Sandee Watts	Public
December 15	Christmas Dinner	Sandee Watts	Members Only
* Subject to change			

WELCOME TO THE 2023 TWAIN HARTE HORSEMEN HIGH RIDE!

Thank you for reserving your spot on our High Ride. The high ride officially starts with dinner Sunday night, July 23, 2023

Location: Eagle Meadow Horse Camp. Elevation 7,500 ft.

Weather: Expect daytime highs in the 70's to low 80's, with temperatures in the high 40's to low 50's at night. Your horse might like a blanket at night and you might need a jacket. There is always a chance of afternoon showers, so bring a rain jacket and rain sheet for you and your horse.

At check-in you will receive your name badge, hay tickets and will be asked to pay any balance due. Please wear your name tag to all meals and events. Please fill out your "In Case of Emergency" (ICE) card and carry it with you on the rides. We want to keep you healthy and safe during rides and in camp. We are looking forward to a fun and safe week with you and your horses.

HORSE INFORMATION

- Included in your reservation is one bale of hay for your stock. You selected grass or alfalfa on your application, and optional extra bales. Hay will be delivered to your camp site on Sunday.
- Water troughs are placed throughout camp and filled daily. To avoid crosscontamination, please use only the provided blue buckets when getting water from the trough for your water containers.
- Manure should be spread daily
- Please use high-lines or panels. No tying directly to trees.
- Space is tight, so maximum pen size is 12x12 ft.
- No stallions or mares with foals.
- Multiple guided rides daily. Trails will be described at breakfast or dinner.
- If you choose to ride alone, please sign out on the board or in the binder. Trail descriptions and maps will be available at camp.
- While riding on the trail, relay any hazard back to the rider behind you.
- If your horse kicks, please tie a red ribbon on their tail.
- Helmets are recommended for riders under 17 years.
- No ponying extra horses on guided rides.
- A RELEASE OF LIABILITY MUST BE SIGNED BEFORE RIDING

High Ride Welcome Letter continued

AMENITIES

- **Dining canopy:** We use this 40x20 ft. area for meals, movies and social functions
- Shower trailer: Two separate shower rooms with a shower stall, sink and dressing area
- Toilets: Two vault toilets and additional porta-potties are located throughout the camp
- Cook Shack: Commercial-grade cooking facilities operated by professional caterers
- Central Campfire: Only one group campfire is allowed. It is located by the dining pavilion.

EVENTS

- Monday—Wine and Cheese Meet and Greet. Please use this time to sign up for the ever-popular Horseshoe tournament.
- The clothing and tack sale is Tuesday only. Bring items in usable condition. Assemble your items starting at 3 p.m. Mark them with your name and price. Sales start at 5 p.m. THH gets 10% commission.
- Afternoon and evening activities. Bingo, Art Project, Trail Trials, Movies.
 See Daily Schedule.
- Live auction Thursday Night with lots of goodies including a beautiful THH buckle and a custom bench. Cash and checks only for auction items!
- Due to our insurance, Twain Harte Horsemen does not serve or provide alcohol. Feel welcome to bring your own beverages, i.e., wine, to dinner if you desire.
- 10 p.m. is quiet time. Please be respectful of your neighbors when playing music and/or using generators.

Enjoy these beautiful mountains, your new and old friendships, and remember, if you are lucky enough to be in the mountains, you are lucky enough!

HIGH RIDE SCHEDULE

Our daily schedule* is as follows:

The **lunch tent is open at 7 a.m. daily** through the end of breakfast. Pack your own custom sandwich or salad. Chips, fruit, candy and cookies will also be available for your lunch bag.

SUNDAY

- → Check in
- 6 p.m. Our High Ride kicks off with dinner.
- → Hay will be delivered before and after dinner. Please present your tickets

MONDAY

- → 7 a.m. Breakfast.
- ⇒ 5 p.m. Wine and Cheese Meet and Greet. Bring your favorite wine and appetizers to share
- ➡ Horseshoe Tournament sign ups during the Wine and Cheese Meet and Greet
- → 6 p.m. Dinner

TUESDAY

- → 7 a.m. Breakfast.
- → 3 p.m. Tack sale preparation. Please mark your items with name and price
- ⇒ 5 p.m. to dusk—tack sale tables open for business
- → Afternoon—Horseshoe tournament begins (start time will be announced)
- → Afternoon—Drawing art project with Diane Stearns. Time to be announced
- 6 p.m. Dinner
- → Movie Night at sunset

WEDNESDAY

- → 7 a.m. Breakfast.
- → Afternoon—Horseshoe tournament continues
- ➡ Bingo before dinner. Time to be announced.
- → 6 p.m. Dinner
- Movie night at sunset

THURSDAY

- → 7 a.m. Breakfast.
- ➡ Afternoon—Horseshoe Tournament continues
- ⇒ Bingo before dinner. Time to be announced.
- → 6 p.m. Dinner
- → Live Auction after dinner

FRIDAY

- → 7 a.m. Breakfast.
- → Morning—Trail Trials
- → Afternoon—Horseshoe Tournament finals
- 6 p.m. Dinner

SATURDAY

Break camp. See you next year!

*Some events subject to change.

Directions to Eagle Meadow Camp

LOCATION: Eagle Meadow Horse Camp, Stanislaus National Forest

FUEL: If you need fuel it would be best to get it in the Jamestown, Sonora or Sugar Pine area. There are no gas stations near Eagle Meadow Horse Camp.

DIRECTIONS: Head east on Hwy 108 to Sonora.

- As you pass the exit for downtown Sonora (Hwy 49), continue 43 miles east on Hwy 108 until you get to EAGLE MEADOW ROAD (Forest Road 5N01): TURN RIGHT There is a sign that says Eagle Meadows & a camp sign pointing to the right.
- Go approximately 0.2 mile and TURN RIGHT staying on 5NO1.
- Stay on 5NO1 approximately 8 miles to HORSE CAMP.
- Bear to the RIGHT at the curve after crossing bridge at Niagara Creek.
- Stay to RIGHT at the dirt road fork after BARN MEADOW onto pavement again.
- Head straight down the bumpy dirt road once you are off the pavement the 2nd time, downshift recommended. If you have 4 wheel drive it would be a good time to engage the 4 wheel drive!
- EAGLE MEADOW HORSE CAMP is on the RIGHT once you level out just BEFORE Eagle Creek.

Vet Corner

7 Veterinary Skills Every Horse Owner Needs

Published in Equus, 2015. Edited to fit. Part 1 of 3.

If you've owned horses for any length of time, you've probably done most, if not all, of these procedures. And chances are you're pretty good at them. Most are fairly straightforward, but it's still a good idea to refresh your skills from time to time.

The most important skills fall into one of two categories: Gathering vital information about a horse's condition prior to the veterinarian's arrival, and aiding in the continuation of treatment after the veterinarian leaves. Here's a quick look at seven techniques you'll want to know how to do, along with my suggestions for how you can do them most effectively and efficiently.

Vital Information

1. Taking Temperature

A horse's temperature provides incredibly valuable information to a veterinarian. An increase from the normal temperature of 99 to 101 degrees Fahrenheit, for instance, can indicate any number of serious conditions, And the sooner I am aware of the situation, the better.

For example, if we get a call about a horse with loose manure and the owner can tell us that he also has a temperature of 103, I'm going to change my schedule to head out to the farm as soon as possible. A high fever suggests that the horse may have a serious illness..

Taking a horse's temperature isn't difficult. For ease, efficiency and safety, I suggest using a digital rather than a mercury thermometer, but if you prefer, an old-fashioned glass one will work. Attach the clip or string to the horse's tail to ensure easy retrieval, then carefully insert the thermometer into the horse's rectum. Keep the horse quiet and leave the thermometer in place long enough to get a reading: This will take at least three minutes for the glass thermometer; the digital unit will beep when the temperature has been taken. You can find digital thermometers made specially for horses, but simple, inexpensive ones made for human use will work, too—however, these don't have a string for retrieval, so hold on to them when taking a temperature.

Keeping a few things in mind when taking a horse's temperature will make the reading more meaningful. First, take it before you give the horse any medications. Non-steroidal anti-inflammatory medications are fever reducers. If you medicate your horse, then take his temperature, you will not get a useful reading. Ambient conditions will affect a horse's temperature, too. After a workout in the summer, it will naturally be elevated.

If you're concerned about a high reading in that situation, hose the horse off with cool water, scrape him well and stand him in the shade for 20 minutes. His body temperature should drop considerably. If it doesn't, that's one more important detail to relay to your veterinarian.

2. Monitoring heart rate

I don't often ask an owner for a horse's heart rate when they call me, but I'm thrilled if it's offered. A normal heart rate of a horse at rest is 30 to 40 beats per minutes. An elevated resting rate can be an indication of pain. That makes heart rate information especially useful when you are calling your veterinarian about a suspected colic. It may be difficult to tell for sure whether a stoic horse is in pain, but vital signs don't lie, and if the heart rate is elevated, it needs to be seen.

Heart rate is the equivalent of pulse rate, but feeling a horse's pulse can be a little tricky. On horses, you can find a pulse down by the fetlocks or underneath the jawbone. Personally, I think under the jawbone is the optimal location; pulses down on the legs can be influenced by many things—such as the horse standing in cold conditions—while the pulse up by the jaw tends to remain stable.

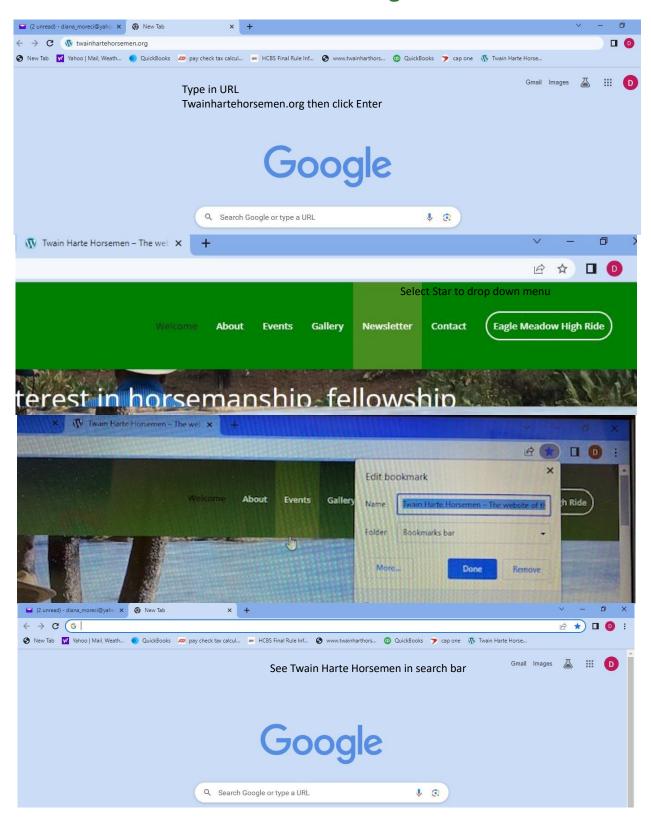
To take your horse's pulse, stand facing his head and feel along the inside of one side of his jawbone, approximately where the throat latch of a halter would lie. You can use either hand and check on either side. Place your thumb against the outside of his face to steady your hand and "roll" your four fingers along the inside of his jawbone feeling for a very flexible, tube-like structure. That's the salivary duct, and once you've found it you can typically feel the pulse at the same location by easing up on the pressure a bit. A horse's pulse is slower than a person's and can be difficult to feel, but if you are patient you can develop a knack for taking it. To calculate heart rate just count the number of beats for 15 seconds then multiply by four.

Another option is to listen directly to your horse's heartbeats using a no-frills stethoscope that can be purchased for less than \$15 at a drug store. Simply grip the head of the stethoscope, keeping your fingers clear of the sensitive diaphragm on the front of the instrument. Then press the head firmly into the horse's "armpit," just above and behind his elbow where the girth lies. You may need to experiment a bit, but eventually you'll find the location where you can hear the heart clearly and begin counting beats.

Keep in mind the obvious (which is easy to overlook if you're worried): A horse who has been recently active will have an elevated heart rate, but it should decrease quickly when he rests, returning to normal within 20 minutes.

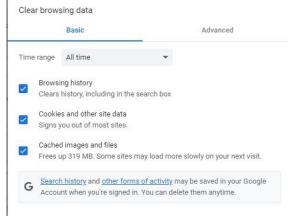
Part 2 continued in the August Newsletter

Instructions for bookmarking our website



Instructions for Bookmark and Current Search Engines.

1. Clear your browsing history – upper right corner, 3 dots in a circle or ctrl + H, select history. In left column, select clear browsing data. In time range, select all time. Check on browsing history, cookies and cached images only. Leave passwords unless you want them gone.



- 2.
- 3. Make sure you have the most current versions of browsers. Older systems may not be compatible with current software.
- 4. Use Bing (3/23/23), Chrome (6/27/23), Firefox (115.0) or Safari (5.1.7)
- 5. When update is complete, Type in the URL twainhartehorsemen.org + enter
- 6. Once the site is open, Bookmark the site for easy access. Click the star in the upper right corner.
- 7. A drop down menu will appear with the site name in it. Folder name Bookmark Bar.
- 8. Next time you open this browser, THH will appear in the quick access bar. See sample photos.