

# Hoofbeats

May 2023

P.O. Box 1326, Twain Harte, CA 95383



## The Prez Sez



Here it is May, and the mountains have been slow to open. By now we are usually at least riding 3N01 (Long Barn), but the gate is still closed. All the forest roads will be late this year. If you miss the smell of pines and the forest, head on over to Lyons, the lake is full, and the river is high! Watch out for your dogs and don't try to cross, no matter how enticing

Rushing Meadows and the old barn look! For the latest updates on riding, join 'Trail Riding and Horse Camping on the Highway 108 Corridor (Stanislaus)' on Facebook. If you can't find it, let me know and I'll send you an invitation.

Upcoming events – June 10<sup>th</sup> is the Drill Team Fun Day at Center Camp, hosted by Nancy Broce. June 17<sup>th</sup> is the Ranch Agility Playday also at Center Camp, hosted by Chris Mason. More info and times to be announced. The Turkey Hill Campout, June 17-18, hosted by Diana Moreci, is sold out! We've also got a Herring Creek Ride planned for June 24<sup>th</sup> but could cancel due to too much snow on the ground.

See you on the trail!

*Linda Post*  
2023 President

Visit our Twain Harte  
Horsemen website at:  
[twainhartehorsemen.com](http://twainhartehorsemen.com)

### Next Monthly Meeting

Tuesday, June 6, meeting at 6:30 pm.  
• Board meeting at 7 pm.  
Location: Sheriff Posse Grounds,  
19130 Rawhide Road, Jamestown

## Officers

### President:

Linda Post  
209.206.8375

### Vice President:

Lance LaMons  
209.770.1407

### Secretary:

Kris Jordan  
209.768.9419

### Treasurer:

Helga Zuber  
209.581.1798

### Past President:

Janine Smith  
209.591.3054

## Directors

### Nancy Sheldon

209.206.0296

### Myron McCoy

209.206.4043

### Chris Mason

209.768.4090

## Committee Chairs

### Hoofbeats Newsletter:

Colleen Combes  
650.387.5423  
ccombes@pacbell.net

### Membership:

Nancy Sheldon  
ncysheldon@gmail.com  
209.206.0296

### Scholarship:

Patty McEwen

### THH Website:

Diana Moreci  
209-533-8511  
diana@SFRCsonora.com

The High Ride is full! To be added to the wait list, contact John or Sandee.

*The Twain Harte Horsemen present the*  
**EAGLE MEADOWS HIGH RIDE**

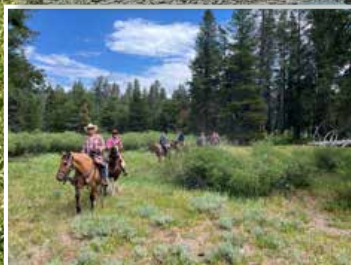
*July 23-28, 2023*

A weeklong getaway with your horse in the beautiful Sierra Nevada

**Limited to 50 riders. Reserve your place now...**

The \$550.00 cost includes catered meals—breakfast, lunch and dinner.

- Camp at Eagle Meadows horse camp site with hot showers and toilet facilities.
- Experienced leaders are available to guide riders, or you can ride on your own.
- Activities between rides include a horsehoe tournament, bingo, arts and crafts, a tack sale, and raffle.
- Ride price includes one bale of hay.



“The mountains are calling  
and I must go.”

— John Muir

**More information at: [twainhartehorsemen.org](http://twainhartehorsemen.org)  
Or contact Sandee or John at 209.586.4841,  
email: [johnw1@sbcglobal.net](mailto:johnw1@sbcglobal.net)**

## PAST EVENTS

### Motherlode Parade

May 13

The annual Mother Lode Roundup Rodeo Parade was a great success! Twain Harte Horsemen celebrated our 75-year anniversary!

We had 21 riders; everyone looked great! Horses and gear were spotless, and the riders were in great form. We were ready for the judges at 0900 and were part of the first section of entries.

We had a post-parade BBQ at the staging area where burgers, sides and cakes were served. Notable lifetime members who attended the BBQ were Otto Sandmeier and Judy Meeks.

Many thanks to Sandee Watt, who made the whole thing possible. More thanks to Kris, Janine and Roy and others who helped with all the food.



## UPCOMING EVENTS



### **Drill Team Fun** **Saturday June 10** @ Center Camp

- Be ready to ride at 10:00
- No experience necessary
- Limited to 8 riders

Reserve your spot call or text  
Nancy Broce 831-818-5558  
Auditors welcome



### **Ranch Agility** **Saturday, June 17** @ Center Camp

Start time: 10 a.m.

Learn about ranch agility events. In this introductory session, you and your horse will practice ranch agility obstacles in a no-pressure environment. Some of the activities will be pulling logs, crossing tarps, and lead changes,

## Equine Vet Corner

*Source: UC Davis Center for Equine Health*

Enteroliths are mineral accumulations of magnesium-ammonium-phosphate (struvite) around a foreign object (a piece of metal, pebble, baling twine, hair, rubber) that form round, triangular, or flat stones inside the bowel, usually over the course of multiple years. They form in the large colon, where they can remain for some time until they move and cause an obstruction in the large or small colon, resulting in colic.



Enteroliths form as a result of certain diets (for example, feeding diets high in magnesium and protein, such as alfalfa-rich diets), breed predisposition, and/or management practices. The rate of enterolith formation is variable and thought to be affected by gut pH, the availability of certain minerals, and gut motility.

Enteroliths can vary in size, and horses may carry one or two large ones, or 100 or more small ones, in their guts. Why some horses develop enteroliths and others do not, as well as why some horses develop many stones whereas others develop only one or two, is not well understood. Small enteroliths may harmlessly pass out of the body with manure, whereas large stones can create obstructions and result in colic. Many horses can carry large enteroliths for years with no issues.

Enterolithiasis occurs in all breeds, but some, including Arabians and Arabian crosses, Morgans, and American Saddlebreds, seem to be overrepresented.

### **What are the clinical signs of enteroliths?**

Clinical signs vary depending on the size and number of enteroliths and the part of the bowel where they are located. Horses with a single large enterolith in the large colon may have a history of chronic, intermittent colic. Horses with smaller-size stones that can move and lodge within the small colon will have signs of colic that are more acute. Some horses have a history of passing stones in the feces without showing signs of colic. Nonspecific signs, such as changes in attitude, anorexia, lethargy, weight loss, loose manure, girthingness, and reluctance to exercise may appear prior to any signs of colic.

### **How are enteroliths diagnosed?**

Diagnosing enteroliths can be challenging, as many of the initial outward signs are not specific. Finding stones in a stall or paddock is a good indicator, but these can be easily missed or hard to attribute to a single horse in a group-housing situation. Radiographs (x-rays) are the best screening test for enteroliths, although radiographs are not able to identify the presence of enteroliths in every case. Early diagnosis is important because an enterolith obstructing the bowel has the potential to rupture with fatal consequences.

## More PAST EVENTS



### Top Hand Ride April 28

Another successful event! Twenty-four riders looped through Peoria, enjoying the flowers and perfect weather. Guests lunched on chili and delicious side dishes. A favorite was Nancy B's. broccoli salad. See recipe below. Roy had the winning hand.



### New Hogan Ride – April 8

Diana and two other riders rode at New Hogan. They had some challenging water crossings, and couldn't complete the whole trail as it was too full to get across. What was available was amazing and beautiful.



## NANCY'S BROCCOLI CASHEW SALAD RECIPE

- 1 lg bunch Broccoli, chopped
- 1 c Cheddar Cheese, grated or cubed
- 1 c Raisins/Cranberries
- 1 c Cashews
- 1 sm Onion, chopped fine



### Dressing

- 3/4 c Mayonnaise
- 1/4 c White Vinegar
- 1/4 c Sugar
- Salt & Pepper to taste

Combine all ingredients except dressing. Toss lightly. Add dressing right before serving. Toss lightly again.

Can be doubled. Does not keep long.



## BEEF FOR SALE

Hamburger and other cuts by the package.

Hamburger, 1 lb packages – \$6 each.

Other cuts range from \$6 to \$18 (approx. 1 lb each)

Contact Helga

209.581.1798

helga2853@gmail.com

## Twain Harte Horsemen 2023 Events\*

<b>Date</b>	<b>Event</b>	<b>Event</b>	<b>Participation</b>
June 10	Drill Team Fun @ Center Camp	Nancy Broce	Members Only
June 17	Ranch Agility @ Center Camp	Chris Mason	Members Only
June 17 to June 18	Turkey Hill Campout	Diana Moreci	Members Only
June 24	Herring Creek Ride	Linda Post	Public
July 1-5	Eagle Meadow Pre-Ride/Campout	John Watts	Members Only
July 16 to July 22	High Ride Set Up	Club	Members Only
July 23-28	High Ride	Club	Public
July 29-30	High Ride Tear Down	Club	Members Only
August 1	High Ride Unload @ Center Camp	Lance LaMons	Members Only
August 12	Ranch Agility @ Center Camp	Chris Mason	Public
August 14-18	Jack Brook Campout	Diana Moreci	Public
August 26	Drill Team @ Center Camp	Nancy Broce	Members Only
September 16	White Pines Ride	Diana Moreci	Members Only
September 30	Drill Team @ Center Camp	Nancy Broce	Members Only
October 14	Kerrick Corral Ride	Linda Post	Members Only
October 21	Center Camp Closing	Lance LaMons	Members Only
October 28	Peoria Ride	Diana Moreci	Members Only
November 11	Fahey Cabin Ride	Colleen Combes	Members Only
December 10	BCHC Columbia Parade	Sandee Watts	Public
December 15	Christmas Dinner	Sandee Watts	Members Only

\* Subject to change



